

**Seamons, Colleen**

---

**From:** Nicole Brammy [nicolebrammy@tne.net.au]  
**Sent:** Monday, 25 August 2008 11:29 PM  
**To:** submissions  
**Subject:** submission - re: proposal P1007

To Whom it may concern,  
Regarding : Proposal P1007: Primary Production & Processing Requirements for Raw Milk Products

I am strongly in favour of being able to legally obtain and consume safely produced (preferably organic) natural raw milk for my family.

Several years ago I was able to purchase locally produced raw milk from South Australia's Paris Creek organic dairy. I knew the dairy farmers. They personally bottled this milk and were vigilant about it's clean production and safe transport to my retailer. My baby thrived on this as she had allergies to pasteurised milk. In 2002 (I think) the SA Dept of Health suddenly changed the law and we were unable to purchase raw milk. We stopped using milk altogether, as my child would become ill.

Recently we have been able to purchase high quality raw milk travelling from interstate labelled as bath milk, and my children are thriving on this.

It's just ridiculous having to get "black market milk"....when there are many other close to poisonous substances sold legally - for human consumption to unwary and uneducated consumers (cigarettes, alcohol, aspartame, processed high sugar foods, foods containing trans fats)

I realise that much evidence regarding the benefits to individuals is anecdotal, but educated consumers should be able to make a personal choice whilst informing themselves of potential risks and benefits.

I believe that milk is an amazing whole food particularly for children, but when all of the vitamin B12 is killed off by pasteurisation and it is rendered indigestible it's benefit is at best dubious. Real milk has sustained healthy humans as a staple food in many cultures for thousands of years. There's no reason why it should stop now.

Yours Faithfully,

Nicole Brammy

[nicolebrammy@tne.net.au](mailto:nicolebrammy@tne.net.au)  
220 Seaview Rd  
Henley Beach South ,  
South Australia 5022

Ph 08 83551527